CONGREGATION B'NAI TORAH

Shabbat Announcements

PARSHAT TOLDOT

Friday, November 13th
Candle Lighting: 5:12 PM
Mincha: 5:15 PM

Shabbat, November 14th
Shacharit: 9:00 AM
Mincha: 5:00 PM
Maariv: 6:05 PM
Shabbat ends after 6:19 PM

KIDDUSH

Cholent Kiddush is sponsored by **Josh Brown** to thank the B'nai Torah family for all of the help and good kindness they have shown over the last five years. Please see his letter to the community below.

Seudat Shlishit is sponsored by **Ivan and Marcy Ekhaus** in honor of the Marks family for their hospitality.

WEEKDAY CLASSES

- Daf Yomi: Mon-Fri 6:15|Sun 7:45
- Mishna Class: Every morning after Shacharit.
- Taam and Torah: Sundays at 9:30. Rabbi Teitelbaum will be speaking on the topic: *The Great Abortion Debate: A Torah Perspective – Part II: Contemporary Applications*

SHABBAT CLASSES

- ****New Shabbat Youth Groups:** See the flyers below for details!
  - Groups for ages 3–5 will take place in the Beis Medrash at approximately 10:55 AM.
  - Girls' groups for first grade and up will take

- Lunch & Learn: Meets Mondays at noon. Rabbi Hasten is teaching the book of Melachim
- Halacha Class: Between Mincha and Maariv, Rabbi Teitelbaum will be speaking on the topic: *Refuah (Healing) on Shabbos*
- Business Halacha: Every Tuesday after Maariv.
- Tehillim for Women: Wednesday at 7:30pm in the library.
- ****New Time:** Men's Mishmar: Meets on Thursday nights, at **8 PM.** Learn with a chavrusa or join a class.
- Night Seder: Sunday through Thursday after Maariv.
- Mishlei (Proverbs) Class: Sundays at 7:30 PM in the Library
- Talmud Class: Mondays and Wednesdays at 8pm in the Kollel Beis Medrash

place at 10:40 AM in the library.
- Seudah Shlishit Class: Rabbi Teitelbaum will be speaking
- ****Starting this week:** Indy Kollel ChillZone on Motzai Shabbos at 7:30PM in the Kollel Beis Medrash.

DONATIONS

Aliyah Donations:

- Jack Cotlar
- Ivan Ekhaus
- Darrel Mandel
- Rabbi Moshe Marks
- Bob Miller
- Rabbi Yaakov Perlow
- Elisha Sacks
- Bob Stoner
- Amichai Yablovich
- Azik Zelekovich

General Donations:

- Saar and Shirley Alkobi
- Anonymous
- Rick and Caryn Bentley
- Jonathon Goldfarb
- Larry Greenbaum and Cassia Margolis
- Bob Miller

- Paul and Kathy Pollock
- Stephen and Monica Rosenfeld
- Rona Schaffel

Seudah Shlishit Cleanup Volunteers

We are organizing a volunteer rotation to help clean up the Seudah Shlishit Room after Havdalah each Motzaei Shabbos. Just a few minutes of your time would be greatly appreciated!

Please sign up here: https://forms.gle/VaPQvBFiJM6JfLNY6 or contact the office.

As I stand here, on the eve of my return to Israel, I look back at the last five years that I have spent here in Indianapolis. As I do so, I reflect on how much of that has been spent involved with Congregation Bnai Torah.

When I arrived here, I knew no one and nothing about the community. I had never met anyone from Indianapolis, and had moved here only knowing that a frum community existed.

What I found astounded me. The kehilla welcomed me and immediately made me feel at home from the first moment.

Not only did I make friends, but I found support when I needed it. And when I needed a job, and the position at the shul happened to vacate, I was happy to step in and give back to the community that had embraced me.

And now I am leaving it and heading back to Israel.

All I can do is thank you all for the warmth, friendship and sense of family that you have provided for the last five years. And while the prayer is that you all merit to join me in Israel (with the coming of the Messiah, may it be soon in our days), I hope and pray that until that happens, the Bnai Torah community goes on being such a wonderful place to live as a frum Jew, and that you grow and prosper.

Thank you again for everything, and I will miss you all,

Josh Brown

from the Rabbi's Desk

בס"ד

PARSHAS TOLDOS

Is there life after birth? When Yaakov purchased the bechorah (birthright) from Eisav, one detail stands out: Eisav explains why giving up his birthright for a bowl of lentils was a good deal — he is so exhausted, and "Look, I am going to die, so what do I need this birthright for?" To dismiss this as mere drama would miss the pivotal point of the exchange.

On one level (see *Ramban*; *Noda B'Yehuda*, Yoreh Deah 2:10), Eisav was declaring that as a hunter, he faced the occupational hazard of being hunted and killed — which actually excited him and gave him a "rush" — though it is quite tragic that a person needs a brush with death to feel alive!

Yet Eisav was also sharing his life view: "Eat, drink and be merry, because tomorrow you may die" — just checking things off the bucket list before they kick the bucket.

This begs a question, though: Our Sages (Brachos 5a) list things a person should do to fight the yetzer hara (evil inclination), and as a last resort, remind himself of the day of his death, to sharpen his awareness of his limited time and keep him from squandering it. Yet Eisav evoked the same image, and it had the reverse effect — it motivated him to dive head-first into satiating his worldly desires!

Something much deeper is at play. The *Kotzker Rebbe* points out that throughout this entire story, there is no direct mention of any sins Eisav committed. (Our Sages tell us about five sins he committed that day, but these are only hinted at in the verses.) The only flagrant violation the Torah tells us about was when he told Yaakov, "Pour me some of that red stew, for I am exhausted." The Kotzker points out that this was the primary cause for his downfall: his view of himself as nothing more than a physical beast.

Note also that Eisav said he wanted it because he was exhausted, rather than the more direct reason — being famished. Further, he uses "anochi — I", not the more conventional "ani." Both mean "I", but the former is less common, and there must be a distinction between them, as there is no such thing as a synonym in the Hebrew language.

The physical world is always dying: energy dissipates, people age, things decay. Eisav saw himself as a physical being, and so was constantly "winding down" towards death — his very life a constant state of exhaustion. "Anochi" emphasizes the self, as opposed to "ani", which generally describes what the person happens to be doing at the moment — i.e., ani ochel, I am eating. Eisav was declaring that his very essence was exhausted, not just at this moment.

Our Sages teach us that reminding yourself about the day of death can help you focus on what is truly important. But only if you are looking to grow. Eisav was not looking to grow. Animals may grow bigger, yet few (read: none) develop a more mature outlook. "Eisav" shares the root of "asuy — completely done," and its numerical value equals shalom (376) — whole or complete.

Eisav's downfall was seeing his self-image as the sum total of his physicality. In his world there wasn't really life after birth — only one long journey towards death. The Torah Jew, by contrast, sees himself sourced not in the death-headed world of physicality, but in the never-ending world of spirituality and kedushah (holiness), where there is a constant fusion of greater energy; all we need to do is tap into it. We can live a life that always feels tiring and spent — or a truly energetic and vibrant life. The choice is ours.

Have a wonderful Shabbos!
~ Rabbi Yisroel Teitelbaum



CONGREGATION
B'NAI TORAH

Shabbos Morning

YOUTH GROUPS

Ages 3–5

with Navah and Simchah Hull



Parsha



Davening



Games



Snacks/ Prizes

In the Beis Medrash

after Kedusha of Mussaf (approx. 10:55 AM)

CONGREGATION
B'NAI TORAH

Shabbos Morning Girls Group

1st Grade and Up

with Mrs. Teitelbaum



Davening



Learning:
Pirkei Avos

In the Library

10:40 AM

בס"ד

CONGREGATION
B'NAI TORAH

4TH ANNUAL

COMMUNITY CHANUKAH Concert

FEATURING

BIN LEVI



SAVE THE DATE

5TH NIGHT OF CHANUKAH

TUESDAY, DEC 8 | 6:30 PM

SPONSORSHIP AND COLLABORATION
OPPORTUNITIES AVAILABLE

bnaitorahprograms@gmail.com

JCC
INDIANAPOLIS

CONGREGATION B'NAI TORAH

KIDDUSH MENU

BASIC KIDDUSH $250

A perfect, light Shabbat experience.

- Fresh Coleslaw
- Seasonal Fruit Platter
- Variety of Snacks
- Classic Herring + Cracker Platter
- Vegetable and Chummus Platter
- Assorted Pastries

CHOLENT KIDDUSH $360

A heartier option with all the classics.

- Fresh Coleslaw
- Seasonal Fruit Platter
- Variety of Snacks
- Hearty Cholent
- Vegetable and Chummus Platter
- Assorted Pastries
- Option to Add Herring and Cracker Platter - $65

A LA CARTE ADD ONS

Customize your Kiddush with additional favorites.

- Rolls - $60
- Cold Cut Platter - $150
- Tuna Salad - $75
- Egg Salad - $75
- Bagels and Lox Platter - $150 (Dairy Kiddush only)
- Cheese Platter - $50 (Dairy Kiddush only)

SEUDAT SHLISHIT $60

- Option to add Lox Platter - $30

Reserve your kiddush today!

For questions or to place an order, please contact the Bnai Torah office at 317-253-5253 ext. 1 or office@btorah.org.
All orders must be in by 5:00 PM on Wednesday.

Kiddush Sponsorship Opportunities

Please email the shul office to join our **Kiddush Sponsor Rotation**. Those on the list will be contacted when we have an upcoming Kiddush without a sponsor and an opportunity to sponsor at a reduced rate.

L'Chaim Table Contributions

Thank you to everyone who generously contributes to our L'Chaim Table at Kiddush! If you would like to donate liquor and are unsure which products are approved for use at the shul, please consult one of the following kashrus guides:

cRc Liquor List

STAR-K Beer, Liquor & Liqueur Guide

We sincerely appreciate your generosity and support in enhancing our community Kiddush!


By the women of
Indy Kollel
Pre-Chanukah Women's Event
CHOPPED
The Ultimate Kitchen Challenge!
Teams. Mystery Ingredients. Creative Cooking.
A Delicious Competition!
Sunday,
Nov. 22nd
2:00 PM
Bnai Torah
6510 Hoover Rd.
Indianapolis, IN 46260
Compete in Teams!
Get Creative with the Ingredients!
Enjoy a Fun and Flavorful Event!
Light Refreshments
including a Soup Bar!
Don't miss this fun and flavorful event!

By the women of IndyKollel

Women's Study Circle

G-d Consciousness: Understanding the Mitzvah of Belief in Hashem

Friday, November 13
10:00 a.m.

Milevsky Home
6429 Hoover Rd.
Mrs. Bracha Milevsky & Mrs. Esti Segal

Light refreshments and coffee will be served.

CONGREGATION B'NAI TORAH

NOVEMBER 2026 • CHESHVAN / KISLEV 5787

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBOS
1 21 Cheshvan Shacharis: 8:30 am Mincha: 5:20 pm	**2** 22 Cheshvan Shacharis: 6:50 am Mincha: 5:20 pm	**3** 23 Cheshvan Shacharis: 7:00 am Mincha: 5:20 pm	**4** 24 Cheshvan Shacharis: 7:00 am Mincha: 5:20 pm	**5** 25 Cheshvan Shacharis: 6:50 am Mincha: 5:20 pm	**6** 26 Cheshvan Shacharis: 7:00 am Mincha: 5:20 pm Candle Lighting: 5:18 pm	**7** 27 Cheshvan *Parshas Chayei Sara* Shacharis: 9:00 am Mincha: 5:05 pm Maariv: 6:10 pm Shabbos Ends: 6:25 pm
8 28 Cheshvan Shacharis: 8:30 am Mincha: 5:15 pm	**9** 29 Cheshvan Shacharis: 6:50 am Mincha: 5:15 pm	**10** 30 Cheshvan *Rosh Chodesh* Shacharis: 6:45 am Mincha: 5:15 pm	**11** 1 Kislev *Rosh Chodesh* Shacharis: 6:45 am Mincha: 5:15 pm	**12** 2 Kislev Shacharis: 6:50 am Mincha: 5:15 pm	**13** 3 Kislev Shacharis: 7:00 am Mincha: 5:15 pm Candle Lighting: 5:12 pm	**14** 4 Kislev *Parshas Toldos* Shacharis: 9:00 am Mincha: 5:00 pm Maariv: 6:05 pm Shabbos Ends: 6:19 pm
15 5 Kislev Shacharis: 8:30 am Mincha: 5:10 pm	**16** 6 Kislev Shacharis: 6:50 am Mincha: 5:10 pm	**17** 7 Kislev Shacharis: 7:00 am Mincha: 5:10 pm	**18** 8 Kislev Shacharis: 7:00 am Mincha: 5:10 pm	**19** 9 Kislev Shacharis: 6:50 am Mincha: 5:10 pm	**20** 10 Kislev Shacharis: 7:00 am Mincha: 5:10 pm Candle Lighting: 5:07 pm	**21** 11 Kislev *Parshas Vayeitzei* Shacharis: 9:00 am Mincha: 4:55 pm Maariv: 6:00 pm Shabbos Ends: 6:14 pm
22 12 Kislev Shacharis: 8:30 am Mincha: 5:05 pm	**23** 13 Kislev Shacharis: 6:50 am Mincha: 5:05 pm	**24** 14 Kislev Shacharis: 7:00 am Mincha: 5:05 pm	**25** 15 Kislev Shacharis: 7:00 am Mincha: 5:05 pm	**26** 16 Kislev Shacharis: 6:50 am Mincha: 5:05 pm	**27** 17 Kislev Shacharis: 7:00 am Mincha: 5:05 pm Candle Lighting: 5:03 pm	**28** 18 Kislev *Parshas Vayishlach* Shacharis: 9:00 am Mincha: 4:50 pm Maariv: 6:00 pm Shabbos Ends: 6:11 pm
29 19 Kislev Shacharis: 8:30 am Mincha: 5:05 pm	**30** 20 Kislev Shacharis: 6:50 am Mincha: 5:05 pm					

◆ BUILDING TORAH. STRENGTHENING COMMUNITY. ◆

Congregation B'nai Torah
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To make a payment or donate:
Zelle: office@btorah.org
Credit Card: https://secure.merchpay.com/bnai-torah/