

Shabbat Announcements

PARSHAT BAMIDBAR MIVARCHIM

Friday, May 15

Candle Lighting: After 7:23 pm - 8:35 pm

Mincha: 7:05pm

Shabbat, May 16

Shacharit: 9:15 am

Mincha: 8:20 pm

Maariv: 9:30 pm

Shabbat ends after 9:43 pm

KIDDUSH

Cholent Kiddush is sponsored by **the Zelikovich family** in memory of their family lost during the Second World War

Seudah Shlishit is sponsored by **Congregation Bnai Torah**

WEEKDAY CLASSES

- Weekly Classes Daf Yomi: Every morning at 6:15, 7:45 on Sundays.
- Mishna Class: Every morning after Shacharit.
- Taam and Torah: Sunday morning at 9:30. Rabbi Teitelbaum will be speaking on "*Not one, Not Two ... the Jewish Counting problem*"
- Lunch & Learn: Meets Mondays at noon. Rabbi Hasten is

SHABBAT CLASSES

- Shabbat Youth Groups: After Kedusha of Mussaf (Approximately 10:55). Preschool and Kindergarten meet in the playroom for parsha, davening and games with Navah and Simchah. 1st grade and up meets in the English Library for the new Mitzva Program.
- Parshat HaShavua: One hour before Mincha on Shabbat

- teaching the book of Melachim.
- Halacha Class: between Mincha & Maariv, Sunday through Thursday. Rabbi Teitelbaum is teaching the laws of Shavuot
- Ask The Rabbi - submit your halachic questions and inquiries to Rabbi Teitelbaum, either in person or via email to rabbi.BTorah@gmail.com All submissions will remain anonymous and will be addressed between Mincha and Maariv on Sundays and Tuesdays
- Business Halacha: Every Tuesday after Maariv.
- Tehillim for Women: Wednesday at 7:30pm in the library.
- Men's Mishmar: Meets on Thursday nights, at 8:00 pm. Learn with a chavrusa or join a class.
- Night Seder: Sunday through Thursday after Maariv.
- Seudah Shlishit Class: Rabbi Teitelbaum will be speaking.
- Indy Kollel Chill Zone - On break

DONATIONS

General donations:

- Azaryah and Elisheva Alcantar

Aliyah Donations:

- Rick Bentley
- Michael Zelikovich
- Ivan Ekhaus
- Azik Zelikovich
- Rabbi Perlow
- Irwin Prince
- Jack Cotlar
- Roy Yaari

Join us this Monday night at 7:30 PM in the library for a women's class by Rabbi Teitelbaum on "***Timeless Lessons from Rut for Shavuot.***"

from the Rabbi's Desk

בס"ד

PARSHAS BAMIDBAR

Recently, President Donald Trump issued a proclamation calling upon Jews across America to celebrate and observe this Shabbos, Parshas Bamidbar, in honor of America's 250th anniversary.

As believers, we know the truth of the verse in Proverbs (21): "לב מלך ביד ה', *the heart of a king is in the hand of Hashem.*" Though it may appear that world leaders control events and shape history, in truth they are merely agents through whom Hashem carries out His will.

Yet one cannot help but wonder: what is the significance of the most powerful man in the world calling upon Jews to observe Shabbos — specifically this Shabbos, the Shabbos preceding Shavuot?

Perhaps the answer lies in the deep connection between Shabbos and *Kabbalas Hatorah*, the Jewish people receiving the Torah. The Torah tells us (*Exodus 16:30*) that the Jewish people kept Shabbos prior to their arrival at Har Sinai to receive the Torah. Similarly, in the *Hagadah* we proclaim that Hashem "gave us the Shabbos and brought us before Har Sinai," once again emphasizing the connection between the two. But what exactly is the nature of this connection?

The *Sfas Emes* explains this connection based on Rashi's famous commentary that the Jewish people encamped at Har Sinai "*K'ish echad b'lev echad,*" as one man with one heart. In other words, the Torah could only be received when all the Jewish people were unified together. On Shabbos, when we rest from all our labor and recognize Hashem's absolute Oneness in this world, the Jewish people likewise become unified.

The *Sfas Emes* suggests another idea based on the Midrash in this week's parshah, which notes that the Torah was given specifically in the *midbar*, in the barren desert.

Why is this so? Because a desert is empty. It possesses nothing of its own. So too, in order for a person to truly receive Torah, he must empty himself of distractions, preconceived notions, ego, and attachment to the noise of the world. A person must become like a *midbar* — open, receptive, and prepared simply to hear the word of Hashem.

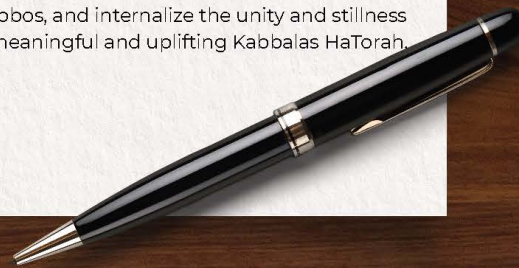
And this, explains the *Sfas Emes* is the gift of Shabbos.

Throughout the week we are consumed by work, distraction, and constant movement. But on Shabbos, a Jew withdraws from the world. He stops creating and instead becomes open to listen. It is the power and holiness of Shabbos that creates the inner stillness necessary to hear the voice of Hashem and His Torah.

As we approach Shavuot, the day which we celebrate receiving the Torah, let us heed the call that Hashem has sent through his messenger, President Trump: Let us strengthen our observance of Shabbos, honor the Shabbos, spread the beauty of Shabbos, and internalize the unity and stillness that Shabbos brings. Through this, may we all merit a meaningful and uplifting Kabbalas HaTorah.

Have a wonderful Shabbos!

~ Rabbi Yisroel Teitelbaum





CONGREGATION
B'NAI TORAH



3rd Annual Pre-Shavuot Make & Take

"I was at Har Sinai" Picture Frames

SUNDAY, MAY 17TH

DROP IN BETWEEN

10:30 AM AND NOON

Congregation B'nai Torah
Social Hall

**Free. Open to
children of all ages.**

Sponsorships are welcome.





Give yourself the gift of calm



How are those frantic Fridays working out for you?

Join us for a fireside chat to learn about the concept of Chatzos Shabbos – prepping something each day to create a calm Friday.

Sunday, May 31, 7:45pm
Posner Home | 1006 Woodmere Drive

7:45pm: Interview of Sarah Faygie Berkowitz, founder and director of Gift of Chatzos

8:15pm: Q&A and Practical Resources

8:30pm: Go home and prep something for Shabbos!

www.GiftofChatzos.org

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For more information:
Malka Teitelbaum 732.904.9537
Eli Tennenbaum 443.469.1035

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Shabbat
					1 14 Eyar Shacharit: 7:00am Candle Lighting: after 7:12-8:21pm Mincha: 6:55 pm	2 15 Eyar Emor Shacharit: 9:15am Mincha: 8:05pm Maariv: 9:15pm Shabbat Ends: after 9:30pm
3 16 Eyar Shacharit: 8:30am Mincha: 8:30pm	4 17 Eyar Shacharit: 6:50am Mincha: 8:30pm	5 18 Eyar Lag BaOmer Shacharit: 7:00am Mincha: 8:30pm	6 19 Eyar Shacharit: 7:00am Mincha: 8:30pm	7 20 Eyar Shacharit: 6:50am Mincha: 8:30pm	8 21 Eyar Shacharit: 7:00am Candle Lighting: after 7:17-8:28pm Mincha: 7:00pm	9 22 Eyar Behar - Bechukotai Shacharit: 9:15am Mincha: 8:15pm Maariv: 9:25pm Shabbat Ends: after 9:37pm
10 23 Eyar Shacharit: 8:30am Mincha: 8:35pm	11 24 Eyar Shacharit: 6:50am Mincha: 8:35pm	12 25 Eyar Shacharit: 7:00am Mincha: 8:35pm	13 26 Eyar Shacharit: 7:00am Mincha: 8:35pm	14 27 Eyar Shacharit: 6:50am Mincha: 8:35pm	15 28 Eyar Shacharit: 7:00am Candle Lighting: after 7:23-8:35 pm Mincha: 7:05pm	16 29 Eyar Bamidbar Shacharit: 9:15am Mincha: 8:20m Maariv: 9:30pm Shabbat Ends: after 9:43pm
17 1 Sivan Rosh Chodesh Shacharit: 8:30am Mincha: 8:40pm	18 2 Sivan Shacharit: 6:50am Mincha: 8:40pm	19 3 Sivan Shacharit: 7:00 am Mincha: 8:40pm	20 4 Sivan Shacharit: 7:00am Mincha: 8:40pm	21 5 Sivan Shacharit: 6:50am Eruv Tavshilin Mincha: 6:35pm Maariv: 9:40pm	22 6 Sivan 1st day - Shavuot Vetkin brachot: 5:40am Netz: 6:24am Second Shacharit: 9:15am Candle Lighting from an existing flame: 8:41pm Mincha followed by Kabbalat Shabbat and Maariv: 7:05pm	23 7 Sivan 2nd Day Shavuot Shacharit: 9:15am Mincha: 8:30pm Nefilat HaChag Maariv: 9:35pm Shabbat Ends: after 9:50pm
24 8 Sivan Isru Chag Shacharit: 8:30am Mincha: 8:45pm	25 9 Sivan Memorial Day Shacharit: 8:00am Mincha: 8:45pm	26 10 Sivan Shacharit: 7:00 am Mincha: 8:45pm	27 11 Sivan Shacharit: 7:00 am Mincha: 8:45pm	28 12 Sivan Shacharit: 6:50 am Mincha: 8:45pm	29 13 Sivan Shacharit: 7:00am Candle Lighting: after 7:32-8:47pm Mincha: 7:15pm	30 14 Sivan Naso Shacharit: 9:15am Mincha: 8:35pm Maariv: 9:40pm Shabbat Ends: after 9:55pm
31 15 Sivan Shacharit: 8:30am Mincha: 8:50pm						

Congregation B'nai Torah
6510 Hoover Road, Indianapolis, IN 46260
Office: (317) 253-5253

To make a payment or donate:

Zelle: office@btorah.org

Paypal: <https://www.paypal.com/donate?>

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